

T
I
V
E
R
T
O
N

B
A
R
K
E
R

The Tiverton Senior Center

207 Canonicus Street
Tiverton, RI 02878
Telephone: 401-625-6790
Fax: 401-625-6793
Email: seniorcenter@tiverton.ri.gov



SEPTEMBER 2023

Art for Your Mind returns to the first Thursday of the month line-up; Join us:
Thursday, September 7th at 10:15 a.m. for *Why So Famous?*



Art For Your Mind is an engaging, educational, art observation experience designed to broaden the minds of its participants. Programs are for people of all backgrounds – artists and non-artists alike. The featured topic, **Why So Famous?**, offers a look at the work of Da Vinci, Monet, Van Gogh, Picasso, O’Keeffe, Warhol, and others. Discover how a variety of artworks have become famous, and how their examples of innovation and technique have changed our sense of what art can be. Join local art historian Jill Sanford for an enjoyable

hour of challenging yourself to see in new ways!

UPCOMING *Art for Your Mind* SCHEDULE:

October 5th: “The Abstract Expressionists-What Were They Thinking?”

November 2nd: “Appreciating Animals in Art”

December 7th: “The Art of Ancient China”



OUR TEAM:

Janet Holmes
Director

Angela DaPonte
Assistant Director

Patty Lavoie
Office Assistant

Paul Anderson
Bus Driver

Phil Ferreira
Manny Fontes
Maintenance

Michele Blanchette
Nancy Lambert
Dining Assistants

The Center will be closed on Monday, Sept. 4th in observation of Labor Day

CRAFT SALE- Saturday,

September 9th

9 a.m. to 2 p.m.

Presented by our talented
knitters, quilters & crocheters

Hundreds of beautiful, unique
hand-made items for sale.

Proceeds from this sale go to
Star Kids Scholarship Program



The Very Creative Gerry Buchanan

ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room; Learn Ukulele Monday 1-2 p.m.*
Functional Fitness with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:00
Quilting for Charity meets every Monday at 10:00-3:00 p.m.
Pitch League- Hi, Lo, Jack meets Mondays at 12:30 p.m.
Chair Yoga with Shirley—Tuesday's at 9 a.m. Class fee is \$3.00 per class.
Drums Alive! with Jessica-Tuesdays at 1:00 p.m. Class fee is \$3 per class.
Paint with Shawndavid Tuesdays 2:15-3:45* *Learn more in office
Book Club Tuesday, Sept 19th at 10:15 a.m.*
Mahjongg– Tuesdays and Fridays, beginning 11:00 a.m.
Wednesdays: 12:30 Cribbage & Live Music in Dining Rm; Chorus /Lounge @ 12:30
Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3 for members
Art For Your Mind-Thursday, Sept 7th at 10:15 a.m.: Why So Famous?
Center Meeting will be held on Thursday Sept 21st at 10:15 a.m.
FREE Blood Pressure Check - Nurse Terry-Thursday, Sept 21st 10-11:30
Technical Assistance with Kristin, Thursdays 10:30, beginning Sept. 14th
BINGO-Thursdays!!! Starts at 1:00 PM September 7th, 21st, 28th
Knitters for Charity-Thursdays at 1:00 p.m.
Zumba with Jessica—Fridays at 8:45 a.m. Fee is \$3.00 per class
CHORUS Returns to **WEDNESDAYS** in September-Add **YOUR** Voice!

Mark Rudd's
Computer
Tutorial
Wednesday,
Sept. 13th at
10:00 a.m.

Members pay \$3 for classes.
Non-members pay \$6 for
classes. Become a member
for \$5 a year and
save money!!



LEARN MAH JONGG with
Ann Marie (Limit 4) Tuesday
Mornings Sept- Nov.– Sign up in
the Office by September 15th
Cost is \$15 (for 2023 Card)

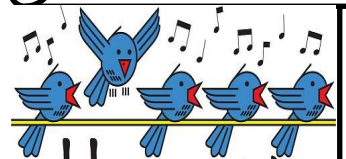
Kristin Amaral, Technology Coordinator from the Tiverton Public Library RETURNS September 14th

Kristin will be available on Thursdays beginning at 10:30 a.m..
Kristin can help with your technological needs: cell phone, etc.

CARE GIVER SUPPORT GROUP

Alzheimer's and Care Giver Support Group will meet on
Mondays, September 11th and September 25th
from 2:30 to 3:45p.m.; Nurse Care Manager:

Janet Grapentine facilitates this group. New care givers are welcome.



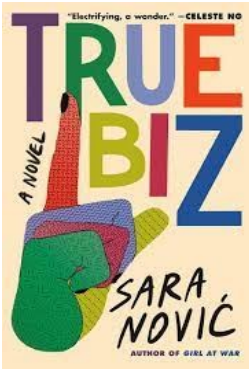
Add your voice
COME JOIN OUR
CHORUS!!!
Wednesdays at
12:30 in Lounge



EBCAP's CONGREGATE Nutrition PICNIC will be Thursday, September 14th from
11:30 a.m.—2:00 p.m. at the Bristol Town Beach Pavilion at Colt State Beach (Rain date: Fri-
day, September 15th) Cost: \$3.00 Reservations must be made in advance~ There will be **no**
lunches **at the Center** on this day. Deadline to sign-up: Sept. 9th. Bus will be making trips
only to Colt Park for picnic on this day. **THERE WILL BE NO BINGO ON SEPTEMBER 14th**



Paul continues to bring Tiverton seniors and folks with disabilities to either
our Center or shopping on Tuesdays, Wednesdays & Thursdays. Please call
625-6790 to reserve your spot. Bus trips are not individualized. Shopping
Bags are limited to four per person. **Remember: Paul is the Boss of the Bus!!**



Our Book Group with assistance from the Tiverton Public Library, Presents **September's Book:**
"True Biz" by Sara Novic.
 We'll meet on **Tuesday, September 19th at 10:15 a.m.**
 New members are welcome at any time.
 Suggestions on authors and books are gladly accepted.
 Large Print Books are available in office.
All are Welcome!

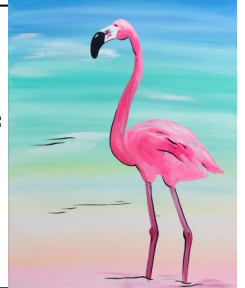


September 7th, 21st, and 28th @1:00
NO BINGO on the 14th

LIVE MUSIC every
Wednesday beginning at
12:30 p.m.
 Come Two-Step along with
 the talented tunes



ART CLASS with **KRISTEN**
 Friday, Aug.25th at 1:00 p.m.
 Come create an end of
 summer masterpiece
\$15 per person



KARAOKE

Come Join Rick on Friday,
September 29th beginning at **1:00**
 ~ **Hundreds of songs to choose**
Come tickle your heart with song!!



Nurse Terri Gomes from Visiting
 Nurse –Home & Hospice
 will be doing **Free Blood Pressure**
Screenings
 on **Thursday, September 21st** from
10:00 a.m. to 11:30 a.m.



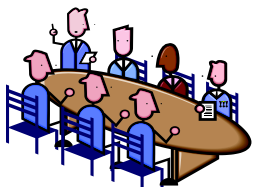
Happy Birthday!

SEPTEMBER 2023!

Ray Vadeboncoeur 01
 Frank Marshall 02
 Joan Blomstedt 02
 Deborah Parent 02
 Jamie French 02
 Anthony Allegretti 02
 Peter Camara 03
 Raymond Ferreira 04
 Renee Bond 04
 Tom Viveiros 06
 Jane Darcy 07
 Kathleen Quinley 09
 Ronald Wenzel 09

Penny Barnes 10
 Michele Blanchette 11
 Patricia Rickey 11
 Diana Rivera 12
 Ray Brodeur 12
 Debbie Danner 13
 Kathleen Wood 13
 Lise Xavier 14
 Susan Boulay 14
 Cheryl Engel 15
 Jerry DiSauro 15
 Frederick Standish 16
 Betty Schneider 17
 Jeanne Aquilla 17
 Barbara Pelletier 17
 Judy Primo 18

Steve Fisher 19
 Leotina Leona Cabral 20
 Donald Levesque 22
 Claudette Smith 22
 Richard Arruda 22
 Amy Fragoza 24
 Rita St.Laurent 25
 Ronald Gardner 25
 Helene Fusco 25
 Doreen Ridder 26
Norma Gossic 27
 Muriel Rego 27
 Nathan Denham 28
 Deborah Stinton 29
 Jean Ann Souza 29
 Joann Keefe 29
 Betty Ann Almeida 30



Our next CENTER MEETING will be on **Thursday, Sept. 21st at 10:15**

